
MHSA REQUIREMENTS (COUNTIES)

The MHSA was designed to increase community-based programs that embrace the recovery model of care and expands upon the evidence base practice of **Peer Support Services**.

For additional information you may refer to:

[§ 3630. General System Development Service Category.](#)

[§ 3610. General Community Services and Supports Requirements.](#)

ALL adult public mental health services funded in whole or in part by the MHSA must be "Client Driven" and "Wellness, Recovery, and Resilience Focused." ([9 CCR § 3320](#))

Client Driven means "the client has the primary decision-making role in identifying [their] needs, preferences and strengths and a shared decision-making role in determining the services and supports that are most effective and helpful for [them]. Client driven programs/services use clients' input as the main factor for planning, policies, procedures, service delivery, evaluation and the definition and determination of outcomes." ([9 CCR § 3200.050](#))

Wellness, Recovery, and Resilience Focused means "[MHSA-funded] services shall be consistent with the philosophy, principles, and practices of the Recovery Vision for mental health consumers:

1. To promote concepts key to the recovery for individuals who have mental illness: hope, personal empowerment, respect, social connections, self-responsibility, and self-determination.
2. To promote consumer-operated services as a way to support recovery.
3. To reflect the cultural, ethnic, and racial diversity of mental health consumers.
4. To plan for each consumer's individual needs. ([WIC § 5813.5\(d\)](#))

Resilience refers to an individual's ability to cope with adversity and adapt to challenges or change. Resilience develops over time and gives an individual the capacity not only to cope with life's challenges but also to be better prepared for the next stressful situation. Optimism and the ability to remain hopeful are essential to resilience and the process of recovery. ([SAMHSA](#))