

Charter School Health Consultant Technical Assistance Summary August 2019

We are looking forward to a successful and enjoyable school year. Please let us know how we can be of assistance to you in the provision of health services to students. As you read through this TA summary, please note that it has been organized according to The Whole School, Whole Community, Whole Child (WSCC) model. Research confirms that a whole child approach to education can develop and prepare students for the challenges and opportunities of today and tomorrow by addressing their comprehensive needs through the shared responsibility of students, families, schools, and communities. To learn more please visit: <http://www.cdc.gov/healthyschools/wsc/index.htm>



Employee Wellness

Eat Smart, Move More, Prevent Diabetes

Approximately 1 in 3 adults in North Carolina has prediabetes. Eat Smart, Move More, Prevent Diabetes is a 12-month, online diabetes prevention program. The program is delivered in a real-time, online format so you can see and hear your instructor in a live session. It has been approved and recognized by the Centers for Disease Control and Prevention (CDC) as a lifestyle change program, proven to prevent or delay the development of type 2 diabetes. YOU can reduce your risk of type 2 diabetes. [Eat Smart, Move More, Prevent Diabetes](#) can help.

Health Services

Epinephrine Auto-Injector Programs

This is the annual reminder that the training for [§ 115C-375.2A. School supply of epinephrine auto-injectors](#) is required to include annual re-training. These requirements are applicable to both charter and LEA schools. In addition, **the expiration dates for the injectors should be noted each year.** This law has multiple requirements, and all are required to be considered compliant with the law on annual reporting in May.

The Food Allergy Research & Education's (FARE) emergency care plan has been revised to include patient instructions for epinephrine auto-injectors. You can download the care plan here: [FARE: Food Allergy & Anaphylaxis Emergency Care Plan](#)

A shortage of epinephrine autoinjectors has now existed for an entire year. If your doses have expired and you have had difficulty finding replacement product, please contact the Charter School Health Nurse Consultant for guidance.

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Safety Tips Regarding Cells Phones and Radiation

Media articles and various organizations have recently cautioned about possible effects of non-ionizing radiation and devices like cell phones. Your school or families may ask you for input or information regarding this subject. This article available [here](#), on the American Academy of Pediatrics web page gives a good overview of the related background and current status of knowledge.

Midazolam (Nayzilam)

Midazolam (Nayzilam) was approved for use in some types of seizures in children 12 and older by the FDA on May 17th. This is the same medication as Versed which is manufactured by a different company. If your medication policy references 'off label' use this medication no longer is 'off label' when used for this purpose. Until the medication is provided to the school in a dose managed manner (packaged for this use as a nasal spray) the issues related to use of multidose containers and preparation by unlicensed staff remain and should be considered in delegation decisions.

Immunization Reporting Requirement

Every year, all schools (i.e. traditional and public charter as well as independent schools) are required to report on the immunization status of their kindergarten and 7th-grade students, according to [G. S. 130A-155\(c\)](#) by November 1. The purpose of these reports is to ensure that all children enrolled in North Carolina schools are protected against vaccine-preventable disease and to determine the number of children who meet state immunization requirements. All schools with a kindergarten or 7th grade MUST submit their annual reports online. Separate reports are to be submitted for each school ID. If a school has one school ID but multiple campuses, then the information for all campuses will need to be compiled for one report. A memo will go out soon with notification of the opening of the report link.

Health Assessments

State law [§ 130A-440](#) requires that every child entering public schools for the first time in N.C. receive a health assessment. The assessment must occur no earlier than the 12-month period prior to entering school. The medical provider, parent or guardian must provide a completed health assessment transmittal form to the principal of the school on or before the child's first day of attendance. "If a health assessment transmittal form is not presented on or before the first day, the principal shall present a notice of deficiency to the parent, guardian, or responsible person. The parent, guardian, or responsible person shall have 30 calendar days from the first day of attendance to present the required health assessment transmittal form for the child. Upon termination of 30 calendar days, the principal shall not permit the child to attend the school until the required health assessment transmittal form has been presented." For current health assessment forms [click here](#). A memo will go out soon with notification of the opening of the link for the November 1 report.

**Because there is the potential for there to be a student new to North Carolina in any school – every public and public charter school in every district must complete a compliance report even if there are no students on which to report. **

Nutrition Environment & Services

Medical Diet Order

The process of providing modified meals for children with specific food allergies or other health care needs should be as inclusive as possible. Schools should include response to requests for meal modification as a part of student support teams. Students who have a medically required mealtime modification need a medical statement from a licensed health care provider. For available resources and forms [click here](#). The medical statement should include a description of what must be done to accommodate the child's impairment. Medical diet orders, as well as other student medical orders and medication authorizations,

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should be renewed each school year.

Community Involvement

NC Medicaid and Health Choice – Do you have children who are uninsured?

NC Medicaid and Health Choice (the Children’s Health Insurance Program) are publicly funded children's health insurance programs open to North Carolina residents who meet income, age and immigration guidelines. Children may qualify for healthcare coverage through [Medicaid](#) or [Health Choice](#)-- both offer free or low-cost health insurance. Schools are valuable partners in outreach efforts along with Health Check Coordinators at local health departments or Community Care of NC Networks. Income guidelines and educational brochures are available at <https://publichealth.nc.gov/wch/families/hchcoutreach.htm>

Do you have a school nurse?

There are many continuing education opportunities available for North Carolina school nurses for orientation, role development, and school health program growth. Contact the Charter School Health Nurse Consultant for details on this year’s offerings.

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