

Intern to Work: Eligibility Criteria

Our programme has been developed to support young people from less advantaged backgrounds who may have smaller professional networks. To apply for our programme you must meet **two** of the six criteria.

Below is a break down of our criteria, along with how to tell if you meet them.

- **First generation to go to university:**

None of your parents have gone to university. If you have older siblings who have gone to university you are still eligible.

- **A care leaver:**

You have been looked after by a local authority for at least 13 weeks since the age of 14 and at the school-leaving age or after that date.

- **A young carer / young adult carer:**

You care, unpaid, for a person who has any type of physical or mental illness, physical and/or mental disability or misuses substances such as alcohol or drugs.

- **In receipt of, or previously been eligible for, free school meals:**

Free school meals are available for children who come from low income families or those whose parents receive certain benefits. If you are unsure you can click [here](#) to see whether you or your parents would have qualified whilst you were in secondary school. It may also be worth checking with your parent or guardian.

- **Either Less than five GCSEs at C/5 and above, including English or Maths or past or predicted grades CCC or less at A-level (or equivalent):**

- Less than 5 GCSE's at C/5 and above, e.g. Maths (4), History (3), and Science (3)
- Past or predicted grades CCC or less at A Level, e.g. Psychology (C), PE (C), RE (D).

- **Lives in 30% of most deprived areas of the UK. *measured by the indices of deprivation:**

Click [here](#) to find out whether you live within the 30% most deprived areas of the UK. Enter your postcode in the box and then click 'get deprivation area' which will generate a report for you to download. Column F must show a score 3 or below for you to meet this criteria. If you struggle with this we'll also check for you.